

| | 8月 | | | | |
|------|----|----|------|----|----|
| | | 行事 | 活動内容 | 活動 | 時間 |
| 1 | 日 | | | | |
| 2 | 月 | | | × | |
| 3 | 火 | | | × | |
| 4 | 水 | | | × | |
| 5 | 木 | | | × | |
| 6 | 金 | | | × | |
| 7 | 土 | | | × | |
| 8 | 日 | | | × | |
| 9 | 月 | | | × | |
| 10 | 火 | | | × | |
| 11 | 水 | | | × | |
| 12 | 木 | | | × | |
| 13 | 金 | | | × | |
| 14 | 土 | | | × | |
| 15 | 日 | | | × | |
| 16 | 月 | | | × | |
| 17 | 火 | | | × | |
| 18 | 水 | | | × | |
| 19 | 木 | | | × | |
| 20 | 金 | | | × | |
| 21 | 土 | | | × | |
| 22 | 日 | | | × | |
| 23 | 月 | | | × | |
| 24 | 火 | | | × | |
| 25 | 水 | | | × | |
| 26 | 木 | | | × | |
| 27 | 金 | | | × | |
| 28 | 土 | | | × | |
| 29 | 日 | | | × | |
| 30 | 月 | | | × | |
| 31 | 火 | | | × | |
| 休養日 | | | | 30 | |
| 休日休養 | | | | 9 | |