

Main table of monthly menus with columns for date, menu name, food categories (red, yellow, green), and nutritional values (kcal, protein, fat, carbs).

敬老の日

Table of menus for the month of敬老の日 (September), including specific festival menus like 重陽の節句献立 and 敬老の日献立.

※ 食材料購入の都合により献立を変更する場合がありますので、ご了承ください。 ※給食回数20回

Summary table of nutritional values for the month, including average and standard values for energy, protein, fat, salt, calcium, magnesium, iron, vitamins, and fiber.